

# Protect yourself and your family

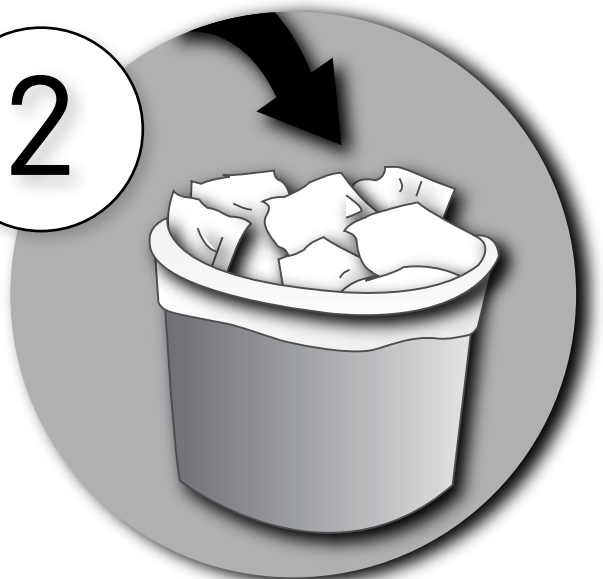
## Cover your cough and sneeze



1

Cover your mouth and nose with a tissue when you cough or sneeze.

2



Put your used tissue in the rubbish bin.

3



Wash your hands with soap and running water. Dry your hands thoroughly with a disposable paper towel.

Stay germ free and healthy

A Victorian  
Government  
initiative

